

Barrow-in-Furness to Millom, Whitehaven, Workington, Maryport and Carlisle

Mondays to Fridays

Operator 1st Class/Reservations/Bus	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT
Preston (PRE)	8 d																
Lancaster (LAN)	6 d																
Carnforth (CNF)	d																
Barrow-in-Furness (BIF)	d			0552			0651					0932			1119		1235
Askam (ASK)	d			0602			0701					0942			1129		1245
Kirkby-in-Furness (KBF)	d			0607			0706					0946			1134		1249
Foxfield (FOX)	d			0611			0711					0951			1138		1254
Green Road (GNR)	d			0615			0715					0955			1142		1258
Millom (MLM)	d			0620			0720					1000			1147		1303
Silecroft (SIC)	d			0625			0725					1005			1152		1308
Bootle (BOC)	d			0632			0732					1013			1159		1315
Ravenglass for Eskdale (RAV)	d			0639			0739					1020			1206		1321
Drigg (DRI)	d			0643			0743					1023			1209		1325
Seascale (SSC)	d			0647			0747					1028			1213		1329
Sellafield (SEL)	d			0652			0752					1032			1217		1332
Braystones (BYS)	d						0756					1036					1336
Nethertown (NRT)	d						0759					1039					1339
St Bees (SBS)	d			0702			0805					1045			1228		1347
Corkickle (CKL)	d			0707a			0810a	0817				1050a	1100		1233a	1238	1352a
Whitehaven (WTH)	a			0722			0827					1110			1248		
Whitehaven (WTH)	d		0628			0732		0837	0935	1037				1130		1254	1348
Parton (PRN)	d		0632			0736		0841	0939	1041				1134		1258	1352
Harrington (HRR)	d		0641			0745		0850	0948	1050				1143			1401
Workington (WKG)	a		0645			0749		0854	0952	1054				1147		1310	1405
Workington (WKG)	d	0547	0647			0750		0855	0953	1055				1148		1311	1406
Flimby (FLM)	d	0552	0652			0756		0901	0959	1101				1154			1412
Maryport (MRY)	d	0556	0656			0759		0904	1002	1105				1158		1319	1416
Aspatria (ASP)	d	0607	0707			0810		0915	1013	1115				1208		1329	1426
Wigton (WGT)	d	0617	0717			0820		0925	1024	1126				1218		1340	1437
Dalston (DLS)	d	0626	0726			0829		0934	1033	1135				1227		1349	1446
Carlisle (CAR)	8 a	0637	0737			0840		0945	1044	1146				1238		1400	1457

Operator Days of operation/Notes 1st Class/Reservations/Bus	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT
Preston (PRE)	8 d						1346										
Lancaster (LAN)	6 d			1319			1404					1601					1836
Carnforth (CNF)	d			1329			1414					1611					1846
Barrow-in-Furness (BIF)	d			1429			1508					1716			1904		1947
Askam (ASK)	d			1439			1518					1726			1914		1957
Kirkby-in-Furness (KBF)	d			1443			1523					1731			1918		2001
Foxfield (FOX)	d			1448			1527					1735			1923		2006
Green Road (GNR)	d			1452			1531					1739			1927		2010
Millom (MLM)	d			1457			1536					1744			1932		2015a
Silecroft (SIC)	d			1502			1541					1749			1937		
Bootle (BOC)	d			1509			1548					1756			1944		
Ravenglass for Eskdale (RAV)	d			1515			1555					1803			1950		
Drigg (DRI)	d			1519			1559					1806			1953		
Seascale (SSC)	d			1523			1603					1810			1957		
Sellafield (SEL)	d			1526			1608					1816			2003		
Braystones (BYS)	d			1530													
Nethertown (NRT)	d			1533													
St Bees (SBS)	d			1540			1618					1826			2013		
Corkickle (CKL)	d	1402		1545a	1551		1623a	1634				1831a	1841		2018a	2023	
Whitehaven (WTH)	a	1412			1601			1644					1851			2033	
Whitehaven (WTH)	d		1438	1543		1613			1701	1750	1838			1923			2041
Parton (PRN)	d		1442	1547		1617			1705	1754	1842			1927			2045
Harrington (HRR)	d		1451	1556		1626			1714	1803	1851			1936			2054
Workington (WKG)	a		1455	1600		1630			1718	1807	1855			1940			2058
Workington (WKG)	d		1457	1601		1633			1720	1808	1856			1944			2059
Flimby (FLM)	d		1502	1607		1638			1725	1814	1902			1950			2105
Maryport (MRY)	d		1506	1611		1643			1729	1818	1906			1954			2109
Aspatria (ASP)	d		1517	1621		1654			1739	1828	1916			2004			2119
Wigton (WGT)	d		1527	1631		1705			1749	1838	1926			2015			2129
Dalston (DLS)	d		1536	1640		1714			1759	1847	1935			2024			2138
Carlisle (CAR)	8 a		1547	1651		1725			1810	1858	1946			2035			2149

For the complete service between Preston, Lancaster and Barrow-in-Furness see table 100

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

a Arrival time
d Departure time

A From Manchester Airport

Barrow-in-Furness to Millom, Whitehaven, Workington, Maryport and Carlisle

Mondays to Fridays

Operator 1st Class/Reservations/Bus	NT	NT	NT	NT	NT
Preston (PRE) 8 d					
Lancaster (LAN) 6 d					
Carnforth (CNF) d					
Barrow-in-Furness (BIF) d			2110		2211
Askam (ASK) d			2120		2221
Kirkby-in-Furness (KBF) d			2124		2225
Foxfield (FOX) d			2129		2230
Green Road (GNR) d			2133		2234
Millom (MLM) d			2138a	2148	2239a
Silecroft (SIC) d				2156	
Bootle (BOC) d				2206	
Ravenglass for Eskdale (RAV) d				2219	
Drigg (DRI) d				2231	
Seascale (SSC) d				2243	
Sellafield (SEL) d				2255	
Braystones (BYS) d					
Nethertown (NRT) d					
St Bees (SBS) d				2305	
Corkickle (CKL) d				2315	
Whitehaven (WTH) a				2325	
Whitehaven (WTH) d	2135	2209		2325	
Parton (PRN) d	2139	2213		2330	
Harrington (HRR) d	2148	2222		2340	
Workington (WKG) a	2152	2226		2350	
Workington (WKG) d	2153	2227			
Flimby (FLM) d	2159	2233			
Maryport (MRY) d	2203	2236			
Aspatria (ASP) d	2213	2247			
Wigton (WGT) d	2223	2257			
Dalston (DLS) d	2232	2306			
Carlisle (CAR) 8 a	2243	2317			

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

a Arrival time
d Departure time

Barrow-in-Furness to Millom, Whitehaven, Workington, Maryport and Carlisle

Saturdays

Operator 1st Class/Reservations/Bus	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT
Preston (PRE)	8 d																
Lancaster (LAN)	6 d																
Carnforth (CNF)	d																
Barrow-in-Furness (BIF)	d			0552			0651					0932			1119		1235
Askam (ASK)	d			0602			0701					0942			1129		1245
Kirkby-in-Furness (KBF)	d			0607			0706					0946			1134		1249
Foxfield (FOX)	d			0611			0711					0951			1138		1254
Green Road (GNR)	d			0615			0715					0955			1142		1258
Millom (MLM)	d			0620			0720					1000			1147		1303
Silecroft (SIC)	d			0625			0725					1005			1152		1308
Bootle (BOC)	d			0632			0732					1013			1159		1315
Ravenglass for Eskdale (RAV)	d			0639			0739					1020			1206		1321
Drigg (DRI)	d			0643			0743					1023			1209		1325
Seascale (SSC)	d			0647			0747					1028			1213		1329
Sellafield (SEL)	d			0652			0752					1032			1217		1332
Braystones (BYS)	d						0756					1036					1336
Nethertown (NRT)	d						0759					1039					1339
St Bees (SBS)	d			0702			0805					1045			1228		1347
Corkickle (CKL)	d			0707a			0810a					1050a			1233a		1352a
Whitehaven (WTH)	a						0817					1100			1238		
Whitehaven (WTH)	d			0628			0732			0837	0935	1037			1130		1254 1348
Parton (PRN)	d			0632			0736			0841	0939	1041			1134		1258 1352
Harrington (HRR)	d			0641			0745			0850	0948	1050			1143		1401
Workington (WKG)	a			0645			0749			0854	0952	1054			1147		1405
Workington (WKG)	d	0547	0647				0750			0855	0953	1055			1148		1406
Flimby (FLM)	d	0552	0652				0756			0901	0959	1101			1154		1412
Maryport (MRY)	d	0556	0656				0759			0904	1002	1105			1158		1416
Aspatria (ASP)	d	0607	0707				0810			0915	1013	1115			1208		1426
Wigton (WGT)	d	0617	0717				0820			0925	1024	1126			1218		1437
Dalston (DLS)	d	0626	0726				0829			0934	1033	1135			1227		1446
Carlisle (CAR)	8 a	0637	0737				0840			0945	1044	1146			1238		1457

Operator Days of operation/Notes 1st Class/Reservations/Bus	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT
Preston (PRE)	8 d																
Lancaster (LAN)	6 d																
Carnforth (CNF)	d																
Barrow-in-Furness (BIF)	d																
Askam (ASK)	d																
Kirkby-in-Furness (KBF)	d																
Foxfield (FOX)	d																
Green Road (GNR)	d																
Millom (MLM)	d																
Silecroft (SIC)	d																
Bootle (BOC)	d																
Ravenglass for Eskdale (RAV)	d																
Drigg (DRI)	d																
Seascale (SSC)	d																
Sellafield (SEL)	d																
Braystones (BYS)	d																
Nethertown (NRT)	d																
St Bees (SBS)	d																
Corkickle (CKL)	d	1402															
Whitehaven (WTH)	a	1412															
Whitehaven (WTH)	d		1438	1543			1613			1701	1752	1838			1923		2039
Parton (PRN)	d		1442	1547			1617			1705	1756	1842			1927		2043
Harrington (HRR)	d		1451	1556			1626			1714	1805	1851			1936		2052
Workington (WKG)	a		1455	1600			1630			1718	1809	1855			1940		2056
Workington (WKG)	d		1457	1601			1633			1720	1811	1856			1944		2057
Flimby (FLM)	d		1502	1607			1638			1725	1816	1902			1950		2102
Maryport (MRY)	d		1506	1611			1643			1729	1820	1906			1954		2106
Aspatria (ASP)	d		1517	1621			1654			1739	1831	1916			2004		2117
Wigton (WGT)	d		1527	1631			1705			1749	1841	1926			2015		2127
Dalston (DLS)	d		1536	1640			1714			1759	1850	1935			2024		2136
Carlisle (CAR)	8 a		1547	1651			1725			1810	1901	1946			2035		2147

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

a Arrival time
d Departure time

A From Manchester Airport

Barrow-in-Furness to Millom, Whitehaven, Workington, Maryport and Carlisle

Saturdays

Operator 1st Class/Reservations/Bus	NT	NT	NT	NT	NT
Preston (PRE) 8 d					
Lancaster (LAN) 6 d					
Carnforth (CNF) d					
Barrow-in-Furness (BIF) d			2110		2211
Askam (ASK) d			2120		2221
Kirkby-in-Furness (KBF) d			2124		2225
Foxfield (FOX) d			2129		2230
Green Road (GNR) d			2133		2234
Millom (MLM) d			2138a	2148	2239a
Silecroft (SIC) d				2156	
Bootle (BOC) d				2206	
Ravenglass for Eskdale (RAV) d				2219	
Drigg (DRI) d				2231	
Seascale (SSC) d				2243	
Sellafield (SEL) d				2255	
Braystones (BYS) d					
Nethertown (NRT) d					
St Bees (SBS) d				2305	
Corkickle (CKL) d				2315	
Whitehaven (WTH) a				2325	
Whitehaven (WTH) d	2125	2219		2325	
Parton (PRN) d	2129	2223		2330	
Harrington (HRR) d	2138	2232		2340	
Workington (WKG) a	2142	2236		2350	
Workington (WKG) d	2143	2237			
Flimby (FLM) d	2148	2243			
Maryport (MRY) d	2152a	2246a			
Aspatria (ASP) d					
Wigton (WGT) d					
Dalston (DLS) d					
Carlisle (CAR) 8 a					

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

a Arrival time
d Departure time

Barrow-in-Furness to Millom, Whitehaven, Workington, Maryport and Carlisle

Sundays

Operator Days of operation/Notes 1st Class/Reservations/Bus	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT
Preston (PRE)	8 d													1039				
Lancaster (LAN)	6 d													1059				
Carnforth (CNF)	d					0855								1109				
Barrow-in-Furness (BIF)	d			0905		0950			1044					1203			1358	1454
Askam (ASK)	d			0915		1000			1054					1213			1408	1504
Kirkby-in-Furness (KBF)	d			0919		1004			1059					1217				1508
Foxfield (FOX)	d			0924		1009			1103					1221				1513
Green Road (GNR)	d			0928		1013			1107					1225				1517
Millom (MLM)	d			0933a		1017			1112					1230			1423	1522
Silecroft (SIC)	d					1022			1117					1235				1527
Bootle (BOC)	d					1029			1124					1242				1534
Ravenglass for Eskdale (RAV)	d					1035			1130					1248			1438	1540
Drigg (DRI)	d					1039			1133					1252				1544
Seascale (SSC)	d					1043			1137					1256				1548
Sellafield (SEL)	d					1046			1141					1300			1446	1552
Braystones (BYS)	d					1050												
Nethertown (NRT)	d					1053												
St Bees (SBS)	d					1059			1152				1310				1456	1602
Corkickle (CKL)	d					1104a	1111		1157a	1211			1315a	1322			1501a	1511
Whitehaven (WTH)	a						1121			1221				1332			1521	
Whitehaven (WTH)	d					1016			1131				1234			1340	1437	1531
Parton (PRN)	d					1020			1135				1238			1344	1441	1535
Harrington (HRR)	d					1029			1144				1247			1353	1450	1544
Workington (WKG)	a					1033			1148				1251			1357	1454	1548
Workington (WKG)	d	0855	0940			1034			1149				1252			1359	1455	1549
Flimby (FLM)	d	0900	0945			1040			1155				1257			1404	1501	1555
Maryport (MRY)	d	0904	0949			1044			1159				1301			1408	1505	1559
Aspatria (ASP)	d	0915	1000			1054			1209				1312			1419	1515	1609
Wigton (WGT)	d	0925	1010			1104			1220				1322			1430	1526	1620
Dalston (DLS)	d	0934	1019			1113			1229				1331			1439	1535	1629
Carlisle (CAR)	8 a	0945	1030			1124			1240				1342			1450	1546	1640

Operator Days of operation/Notes 1st Class/Reservations/Bus	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT
Preston (PRE)	8 d																	
Lancaster (LAN)	6 d																	
Carnforth (CNF)	d																	
Barrow-in-Furness (BIF)	d				1652							1825						1910
Askam (ASK)	d				1702							1835						1920
Kirkby-in-Furness (KBF)	d				1707							1839						1924
Foxfield (FOX)	d				1711							1844						1928
Green Road (GNR)	d				1715							1848						1932
Millom (MLM)	d				1720							1853a	1905					1936a
Silecroft (SIC)	d				1725								1913					
Bootle (BOC)	d				1732								1926					
Ravenglass for Eskdale (RAV)	d				1739								1943					
Drigg (DRI)	d				1742								1957					
Seascale (SSC)	d				1746								2009					
Sellafield (SEL)	d				1750								2027					
Braystones (BYS)	d				1754													
Nethertown (NRT)	d				1757													
St Bees (SBS)	d				1803								2039					
Corkickle (CKL)	d	1612			1808a	1814							2051					
Whitehaven (WTH)	a	1622				1824							2104					
Whitehaven (WTH)	d		1631	1731			1841	1938	2030				2104					
Parton (PRN)	d		1635	1735			1845	1943	2034				2109					
Harrington (HRR)	d		1644	1744			1854	1953	2043									
Workington (WKG)	a		1648	1748			1858	2003	2047				2128					
Workington (WKG)	d		1649	1749			1859	2003	2048									
Flimby (FLM)	d		1655	1755			1905	2013	2054									
Maryport (MRY)	d		1700	1759			1909	2018	2058									
Aspatria (ASP)	d		1711	1809			1919	2038	2108									
Wigton (WGT)	d		1721	1820			1930	2058	2118									
Dalston (DLS)	d		1730	1829			1939	2118	2127									
Carlisle (CAR)	8 a		1741	1840			1950	2133	2138									

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

a Arrival time
d Departure time

A From Manchester Airport

Carlisle to Maryport, Workington, Whitehaven, Millom and Barrow-in-Furness

Mondays to Fridays

Operator Days of operation/Notes 1st Class/Reservations/Bus	NT	NT	NT A	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT
Carlisle (CAR)	8 d					0550			0706			0807	0859				1013	1108
Dalston (DLS)	d					0559			0715			0816	0908				1022	1116
Wigton (WGT)	d					0608			0724			0826	0917				1031	1125
Aspatria (ASP)	d					0619			0735			0836	0928				1042	1136
Maryport (MRY)	d			0509	0548	0630			0746			0848	0939				1053	1147
Flimby (FLM)	d			0517	0551	0633			0749			0851	0943				1056	1150
Workington (WKG)	a			0529	0557	0639			0755			0857	0948				1102	1156
Workington (WKG)	d			0529	0558	0640			0756			0858	0950				1103	1157
Harrington (HRR)	d			0539	0603	0645			0801			0903	0954				1108	1201
Parton (PRN)	d			0549	0612	0654			0810			0912	1003				1117	1210
Whitehaven (WTH)	a			0558	0616	0658			0814			0916	1008				1121	1215
Whitehaven (WTH)	d		0508		0558			0703		0819				1030				1223
Corkickle (CKL)	d		0518		0610			0713a	0723		0829a	0839			1040a	1055		1233a
St Bees (SBS)	d		0531		0623				0729			0845					1101	
Nethertown (NRT)	d								0734								1106	
Braystones (BYS)	d								0737								1109	
Sellafield (SEL)	d		0544		0639a				0742			0856					1114	
Seascale (SSC)	d		0604						0745			0859					1118	
Drigg (DRI)	d		0610						0749			0903					1122	
Ravenglass for Eskdale (RAV)	d		0617						0753			0907					1126	
Bootle (BOC)	d		0630						0759			0913					1132	
Silecroft (SIC)	d		0640						0806			0920					1139	
Millom (MLM)	d	0610	0650a	0710					0811			0926					1145	
Green Road (GNR)	d	0614		0715					0816			0930					1149	
Foxfield (FOX)	d	0618		0719					0820			0934					1154	
Kirkby-in-Furness (KBF)	d	0623		0724					0824			0939					1159	
Askam (ASK)	d	0628		0729					0829			0944					1204	
Barrow-in-Furness (BIF)	a	0641		0742					0843			0958					1218	
Carnforth (CNF)	a			0839								1052						
Lancaster (LAN)	6 a			0846								1105						
Preston (PRE)	8 a			0906														

Operator 1st Class/Reservations/Bus	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT
Carlisle (CAR)	8 d	1210			1308	1410			1439			1511	1558	1706			1750	
Dalston (DLS)	d	1219			1317	1419			1448			1520	1607	1715			1759	
Wigton (WGT)	d	1228			1326	1429			1458			1529	1617	1725			1808	
Aspatria (ASP)	d	1239			1337	1439			1508			1540	1627	1735			1819	
Maryport (MRY)	d	1250			1348	1451			1520			1551	1639	1747			1830	
Flimby (FLM)	d	1253			1351	1454			1523			1555	1642	1750			1834	
Workington (WKG)	a	1259			1357	1500			1529			1600	1648	1756			1839	
Workington (WKG)	d	1300			1358	1501			1530			1602	1649	1757			1841	
Harrington (HRR)	d	1305			1403	1506			1535			1606	1654	1802			1845	
Parton (PRN)	d	1314			1412	1515			1544			1615	1703	1811			1854	
Whitehaven (WTH)	a	1318			1416	1519			1548			1620	1709	1816			1859	
Whitehaven (WTH)	d		1342				1530		1606						1821			
Corkickle (CKL)	d	1246		1352a	1423		1540a	1550		1616a	1629				1831a	1856		
St Bees (SBS)	d	1252			1430			1556			1635					1902		
Nethertown (NRT)	d										1640					1907		
Braystones (BYS)	d										1643					1910		
Sellafield (SEL)	d	1302			1440			1607			1648					1916		
Seascale (SSC)	d	1306			1444			1611			1652					1919		
Drigg (DRI)	d	1310			1448			1615			1656							
Ravenglass for Eskdale (RAV)	d	1313			1451			1618			1700					1925		
Bootle (BOC)	d	1319			1458			1625			1706							
Silecroft (SIC)	d	1326			1505			1632			1713							
Millom (MLM)	d	1332			1510			1637			1719					1941		2029
Green Road (GNR)	d	1336			1515			1642			1723					1946		2033
Foxfield (FOX)	d	1340			1519			1646			1728					1950		2037
Kirkby-in-Furness (KBF)	d	1345			1524			1650			1732					1955		2042
Askam (ASK)	d	1350			1529			1656			1738					2000		2047
Barrow-in-Furness (BIF)	a	1404			1543			1710			1752					2014		2101
Carnforth (CNF)	a							1810			1854							
Lancaster (LAN)	6 a							1820			1906							
Preston (PRE)	8 a																	


NOTES (see introductory pages for explanation of train operator codes and standard symbols)

a Arrival time
d Departure time

A To Manchester Airport

Carlisle to Maryport, Workington, Whitehaven, Millom and Barrow-in-Furness

Mondays to Fridays

Operator 1st Class/Reservations/Bus	NT	NT 	NT	NT	NT	NT	NT
Carlisle (CAR) 8 d	1848			2000		2054	2201
Dalston (DLS) d	1857			2009		2103	2210
Wigton (WGT) d	1906			2018		2112	2219
Aspatia (ASP) d	1917			2029		2123	2230
Maryport (MRY) d	1928			2040		2134	2241
Flimby (FLM) d	1931			2044		2137	2244
Workington (WKG) a	1937			2049		2143	2250
Workington (WKG) d	1938			2051		2144	2251
Harrington (HRR) d	1943			2055		2149	2256
Parton (PRN) d	1952			2105		2158	2305
Whitehaven (WTH) a	1956			2111		2204	2310
Whitehaven (WTH) d		2002					
Corkickle (CKL) d		2012a	2022				
St Bees (SBS) d			2029				
Nethertown (NRT) d			2034				
Braystones (BYS) d			2037				
Sellafield (SEL) d			2041				
Seascale (SSC) d			2045				
Drigg (DRI) d			2049				
Ravenglass for Eskdale (RAV) d			2052				
Bootle (BOC) d			2059				
Silecroft (SIC) d			2106				
Millom (MLM) d			2111		2200		
Green Road (GNR) d			2116		2204		
Foxfield (FOX) d			2120		2208		
Kirkby-in-Furness (KBF) d			2124		2213		
Askam (ASK) d			2129		2218		
Barrow-in-Furness (BIF) a			2143		2231		
Carnforth (CNF) a			2237				
Lancaster (LAN) 6 a			2246				
Preston (PRE) 8 a			2310				

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

a Arrival time
d Departure time

Carlisle to Maryport, Workington, Whitehaven, Millom and Barrow-in-Furness

Saturdays

Operator Days of operation/Notes 1st Class/Reservations/Bus	NT	NT 	NT A	NT 	NT	NT	NT 	NT	NT	NT 	NT	NT	NT 	NT	NT 	NT	NT	NT
Carlisle (CAR)	8 d					0550			0706			0807	0859			1013	1108	
Dalston (DLS)	d					0559			0715			0816	0908			1022	1116	
Wigton (WGT)	d					0608			0724			0826	0917			1031	1125	
Aspatria (ASP)	d					0619			0735			0836	0928			1042	1136	
Maryport (MRY)	d			0509	0548	0630			0746			0848	0939			1053	1147	
Flimby (FLM)	d			0517	0551	0633			0749			0851	0943			1056	1150	
Workington (WKG)	a			0529	0557	0639			0755			0857	0948			1102	1156	
Workington (WKG)	d			0529	0558	0640			0756			0858	0950			1103	1157	
Harrington (HRR)	d			0539	0603	0645			0801			0903	0954			1108	1201	
Parton (PRN)	d			0549	0612	0654			0810			0912	1003			1117	1210	
Whitehaven (WTH)	a			0558	0616	0658			0814			0916	1008			1121	1215	
Whitehaven (WTH)	d	0508		0558			0703		0819					1030				1223
Corkickle (CKL)	d	0518		0610			0713a	0723	0829a	0839				1040a	1054			1233a
St Bees (SBS)	d	0531		0623				0729		0845						1100		
Nethertown (NRT)	d							0734								1105		
Braystones (BYS)	d							0737								1108		
Sellafield (SEL)	d	0544		0639a				0742		0856						1113		
Seascale (SSC)	d	0604						0745		0859						1116		
Drigg (DRI)	d	0610						0749		0903						1120		
Ravenglass for Eskdale (RAV)	d	0617						0753		0907						1124		
Bootle (BOC)	d	0630						0759		0913						1131		
Silecroft (SIC)	d	0640						0806		0920						1138		
Millom (MLM)	d	0610	0650a	0710				0811		0926						1143		
Green Road (GNR)	d	0614		0715				0816		0930						1148		
Foxfield (FOX)	d	0618		0719				0820		0934						1152		
Kirkby-in-Furness (KBF)	d	0623		0724				0824		0939						1156		
Askam (ASK)	d	0628		0729				0829		0944						1201		
Barrow-in-Furness (BIF)	a	0641		0742				0843		0958						1215		
Carnforth (CNF)	a			0839						1052								
Lancaster (LAN)	6 a			0846						1105								
Preston (PRE)	8 a			0906														

Operator 1st Class/Reservations/Bus	NT	NT 	NT 	NT	NT	NT	NT 	NT	NT	NT 	NT	NT	NT	NT	NT 	NT	NT	NT
Carlisle (CAR)	8 d	1210			1308	1407			1439			1511	1625	1706			1750	
Dalston (DLS)	d	1219			1317	1416			1448			1520	1634	1715			1759	
Wigton (WGT)	d	1228			1326	1426			1458			1529	1644	1725			1808	
Aspatria (ASP)	d	1239			1337	1436			1508			1540	1654	1735			1819	
Maryport (MRY)	d	1250			1348	1448			1520			1551	1706	1747			1830	
Flimby (FLM)	d	1253			1351	1451			1523			1555	1709	1750			1834	
Workington (WKG)	a	1259			1357	1457			1529			1600	1715	1756			1839	
Workington (WKG)	d	1300			1358	1458			1530			1602	1716	1757			1841	
Harrington (HRR)	d	1305			1403	1503			1535			1606	1721	1802			1845	
Parton (PRN)	d	1314			1412	1512			1544			1615	1730	1811			1854	
Whitehaven (WTH)	a	1318			1416	1516			1548			1620	1735	1816			1859	
Whitehaven (WTH)	d		1342				1530		1606						1821			
Corkickle (CKL)	d	1246		1352a	1423		1540a	1550	1616a	1629					1831a	1856		
St Bees (SBS)	d	1252			1430			1556		1635						1902		
Nethertown (NRT)	d									1640						1907		
Braystones (BYS)	d									1643						1910		
Sellafield (SEL)	d	1302			1440			1607		1648						1916		
Seascale (SSC)	d	1306			1444			1611		1652						1919		
Drigg (DRI)	d	1310			1448			1615		1656								
Ravenglass for Eskdale (RAV)	d	1313			1451			1618		1700						1925		
Bootle (BOC)	d	1319			1458			1625		1706								
Silecroft (SIC)	d	1326			1505			1632		1713								
Millom (MLM)	d	1332			1510			1637		1719						1941		2029
Green Road (GNR)	d	1336			1515			1642		1723						1946		
Foxfield (FOX)	d	1340			1519			1646		1728						1950		2036
Kirkby-in-Furness (KBF)	d	1345			1524			1650		1732						1955		
Askam (ASK)	d	1350			1529			1656		1738						2000		2045
Barrow-in-Furness (BIF)	a	1404			1543			1710		1752						2014		2059
Carnforth (CNF)	a							1810		1854								
Lancaster (LAN)	6 a							1820		1906								
Preston (PRE)	8 a																	


NOTES (see introductory pages for explanation of train operator codes and standard symbols)

a Arrival time
d Departure time

A To Manchester Airport

Carlisle to Maryport, Workington, Whitehaven, Millom and Barrow-in-Furness

Saturdays

Operator 1st Class/Reservations/Bus		NT	NT 	NT	NT	NT	NT	NT	NT
Carlisle (CAR)	8 d	1846			1909	2000		2105	2151
Dalston (DLS)	d	1855			1918	2009		2114	2200
Wigton (WGT)	d	1904			1928	2018		2123	2209
Aspatria (ASP)	d	1915			1938	2029		2134	2220
Maryport (MRY)	d	1926			1949	2040		2145	2231
Flimby (FLM)	d	1929			1953	2044		2148	2234
Workington (WKG)	a	1935			1958	2049		2154	2240
Workington (WKG)	d	1936			1959	2051		2155	2240
Harrington (HRR)	d	1941			2004	2055		2200	2245
Parton (PRN)	d	1950			2013	2105		2209	2254
Whitehaven (WTH)	a	1956			2017	2111		2215	2259
Whitehaven (WTH)	d		2002						
Corkickle (CKL)	d		2012a	2022					
St Bees (SBS)	d			2028					
Nethertown (NRT)	d			2033					
Braystones (BYS)	d			2036					
Sellafield (SEL)	d			2041					
Seascale (SSC)	d			2045					
Drigg (DRI)	d			2049					
Ravenglass for Eskdale (RAV)	d			2052					
Bootle (BOC)	d			2059					
Silecroft (SIC)	d			2106					
Millom (MLM)	d			2111			2200		
Green Road (GNR)	d			2116			2204		
Foxfield (FOX)	d			2120			2208		
Kirkby-in-Furness (KBF)	d			2124			2213		
Askam (ASK)	d			2129			2218		
Barrow-in-Furness (BIF)	a			2143			2231		
Carnforth (CNF)	a			2237					
Lancaster (LAN)	6 a			2246					
Preston (PRE)	8 a			2310					

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

a Arrival time
d Departure time

Carlisle to Maryport, Workington, Whitehaven, Millom and Barrow-in-Furness

Sundays

Operator Days of operation/Notes 1st Class/Reservations/Bus	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT
Carlisle (CAR)	8 d		0944			1022			1105			1207	1324			1400		
Dalston (DLS)	d		0953			1031			1114			1216	1333			1409		
Wigton (WGT)	d		1002			1041			1124			1226	1342			1418		
Aspatria (ASP)	d		1013			1051			1134			1236	1352			1429		
Maryport (MRY)	d	0917	1024			1103			1146			1248	1403			1440		
Flimby (FLM)	d	0920				1107			1149			1251	1407			1444		
Workington (WKG)	a	0926	1032			1112			1155			1257	1412			1449		
Workington (WKG)	d	0927	1033			1117			1156			1258	1414			1451		
Harrington (HRR)	d	0932				1121			1201			1303	1418			1455		
Parton (PRN)	d	0941	1046			1135c			1210			1312	1427			1504		
Whitehaven (WTH)	a	0945	1050			1140			1215			1316	1432			1509		
Whitehaven (WTH)	d			1055		1158			1300			1450				1555		
Corkickle (CKL)	d			1107a	1115	1208a	1221		1310a	1321		1500a	1520			1605a	1624	
St Bees (SBS)	d				1121		1227		1327								1630	
Nethertown (NRT)	d						1232										1635	
Braystones (BYS)	d						1235										1638	
Sellafield (SEL)	d				1131		1240		1337						1536		1643	
Seascale (SSC)	d				1135		1244		1341						1540		1647	
Drigg (DRI)	d				1139		1248		1345						1544		1651	
Ravenglass for Eskdale (RAV)	d				1142		1251		1349						1548		1654	
Bootle (BOC)	d				1148		1258		1355						1554		1701	
Silecroft (SIC)	d				1155		1305		1402						1601		1708	
Millom (MLM)	d	0950			1201		1310		1408						1606		1713	
Green Road (GNR)	d	0954			1205		1315		1412						1611		1718	
Foxfield (FOX)	d	0958			1209		1319		1416						1615		1722	
Kirkby-in-Furness (KBF)	d	1003			1214		1323		1421						1619		1726	
Askam (ASK)	d	1008			1219		1328		1426						1625		1731	
Barrow-in-Furness (BIF)	a	1021			1233		1342		1440						1639		1745	
Carnforth (CNF)	a														1736		1840	
Lancaster (LAN)	6 a														1744		1851	
Preston (PRE)	8 a														1806			

Operator Days of operation/Notes 1st Class/Reservations/Bus	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT	NT
				A							
Carlisle (CAR)	8 d	1509	1615			1710		1810	1910	2010	2110
Dalston (DLS)	d	1518	1624			1719		1819	1919	2019	2125
Wigton (WGT)	d	1527	1633			1728		1829	1929	2029	2145
Aspatria (ASP)	d	1538	1644			1739		1839	1939	2039	2205
Maryport (MRY)	d	1549	1655			1750		1851	1951	2051	2225
Flimby (FLM)	d	1553	1659			1753		1854	1954	2054	2230
Workington (WKG)	a	1558	1704			1759		1900	2000	2100	2240
Workington (WKG)	d	1600	1706			1800		1901	2001	2101	2240
Harrington (HRR)	d	1604	1710			1804		1906	2006	2106	2250
Parton (PRN)	d	1613	1719			1813		1915	2015	2115	2300
Whitehaven (WTH)	a	1618	1724			1818		1921	2021	2121	2305
Whitehaven (WTH)	d			1759		1830					
Corkickle (CKL)	d			1809a	1822	1842					
St Bees (SBS)	d				1828	1854					
Nethertown (NRT)	d				1833						
Braystones (BYS)	d				1836						
Sellafield (SEL)	d				1841		1910				
Seascale (SSC)	d				1845		1930				
Drigg (DRI)	d				1849		1938				
Ravenglass for Eskdale (RAV)	d				1852		1949				
Bootle (BOC)	d				1859		2005				
Silecroft (SIC)	d				1905		2017				
Millom (MLM)	d				1911	1925	2023				
Green Road (GNR)	d				1915	1929	2035				
Foxfield (FOX)	d				1919	1933	2047				
Kirkby-in-Furness (KBF)	d				1924	1938	2057				
Askam (ASK)	d				1929	1943	2109				
Barrow-in-Furness (BIF)	a				1943	1956	2124				
Carnforth (CNF)	a				2042						
Lancaster (LAN)	6 a				2050						
Preston (PRE)	8 a				2111						

NOTES (see introductory pages for explanation of train operator codes and standard symbols)

- a Arrival time
d Departure time
c Arrives 5 minutes earlier

A To Manchester Airport